A novel peer mentoring consultant program for career development of clinician-scientists in Uganda

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Program/Project Purpose: The Uganda Cancer Institute ("UCI")/Hutchinson Center Cancer Alliance was established in 2008 to study infection-related cancers and build capacity for research and medical care. Local faculty and scientists have limited time to mentor junior Alliance scientists. We launched a structured, facilitated peer mentoring and career development program ("PMCD") for approximately 20 scientists-in-training, including UCI medical officers, nurses and Alliance research investigators ("peer mentees"). This innovative program empowers, supports, builds skills, and provides networking opportunities and access to mentors to develop the next generation of Ugandan clinical scientists.

Structure/Method/Design: PMCD fosters independent scientific research in Uganda by: 1) Providing a structure for ongoing peer exchange; 2) Leveraging limited time of local experts; 3) Developing leadership skills; and 4) Providing a network of scientists and mentors. Participants include: (a) Twenty peer mentees who attend and present research their progress or challenges at weekly Alliance research-in-progress meetings; (b) A faculty facilitator (WF); (c) PMCD "Consultants," a panel of 56 faculty members and 5 deans of Makerere University's College of Health Sciences ("CHS"). Prior to PMCD's launch in September, 2013, peer mentees identified 33 career development topics in research methods, scientific writing, teaching, career management, mentoring, and skills training. Regularly, during their research-in-progress meetings, PMCD mentees select Consultants to address these topics. They also select a peer leader to facilitate each monthly Consultant presentation.

Outcomes & Evaluation: Scaled surveys (30 questions) were administered at PMCD launch (N=24) and one year later (N=43). At launch, 42% agreed or strongly agreed with the statement "I possess a good deal of knowledge on how to conduct effective research"; compared with 83% (15/18) of those surveyed who had been in the program for at least 6 months. Other survey indicators of program success included increases between launch and follow up survey in the proportion of those agreeing or strongly agreeing to: "opportunities to develop leadership skills" (42% vs 58%); "feeling supported" (43% vs 68%); and "finding a mentor" (38% vs 74%). Nine Consultant presentations, including 4 workshops, have covered skills related to reading, searching, and managing scientific references; manuscript writing, evaluating statistical measures in papers, designing clinical trials, ethics, finding a mentor, and worklife balance. Attendees (25-50) represent diverse academic and scientific research interests. Peer mentees have gained leadership skills by facilitating 11 (>42%) of the last 26 research-in-progress meetings and by independently initiating and running a monthly journal club.

Going Forward: The PMCD is meeting aims to increase peer mentee confidence, research skills, and leadership. As PMCD topics evolve from basic skills to design, analysis, and ethics in clinical research, we will engage local partners, seek funding, and support mentoring.

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Taught to teach others: A preliminary analysis of the effectiveness of trained community leaders in creating demand for HIV/AIDS services in rural Zambia


Program/Project Purpose: Although Zambia's HIV prevalence remains high at 14.3%, traditional and other leaders in rural communities have been underutilized by stakeholders implementing HIV/AIDS interventions. Such leaders wield enormous power and influence in their communities and can effectively mobilize people towards behavior change, including increasing demand for HIV-related services. To address this gap, the Support to the HIV/AIDS Response in Zambia II (SHARe II) project works with 29 of Zambia's 288 chiefdoms, training traditional leaders to address key drivers of the HIV epidemic.

Structure/Method/Design: SHARe II trained 232 traditional and other leaders (131 male and 101 female) as HIV/AIDS messaging champions in four chiefdoms in the Luapula Province of Zambia between June and September 2014; participants were chosen by each chief and included village headpersons and influential community members. Six weeks after training, the participants had reached 5,392 community members with messages on topics such as multiple concurrent partnerships, condom use, male circumcision, sexual cleansing, HIV testing and mother-to-child transmission. The names of each community member reached were documented on a form, recording their age, sex, village and mobile phone number.

Outcomes & Evaluation: SHARe II conducted in-person and mobile phone interviews of 42 people (26 male and 16 female) reached by trained leaders via a convenience sample, based on their having access to a mobile phone or being in an area revisited by the SHARe II team. All 42 interviewees confirmed having been taught about the key drivers of HIV in Zambia by the trained leaders. Sixty-seven percent (28) attested to having learned something they did not previously know about HIV prevention, and 61.9% (26) indicated that because of this encounter, they were planning on taking actions that would increase their protection from HIV. Almost half (12) of the men indicated that they were contemplating circumcision, and 19% (8) of the male interviewees indicated that because of the teachings they had gone for HTC due to these lessons and 81% (34) said they would teach other community members the information they had learned.

Going Forward: This intervention is currently being rolled out to 25 additional chiefdoms. Going forward, service providers should work closely with trained traditional leaders to increase demand for